

uncertainty principle

prob. distribution, some quantity A

$$(\Delta A)^2 = \langle (A - \langle A \rangle)^2 \rangle = \langle A^2 - \langle A \rangle^2 \rangle$$

Apply to QM state $|\psi\rangle$, operator \hat{O}

$$\langle \psi | \hat{O} | \psi \rangle \quad \text{avg of } \hat{O}$$

$$\langle \psi | \hat{O}^2 | \psi \rangle \quad \text{avg of } \hat{O}^2$$

$$(\Delta O)^2 = \langle \psi | \hat{O}^2 | \psi \rangle - (\langle \psi | \hat{O} | \psi \rangle)^2$$

$$i\hbar \hat{p} = |\lambda_i\rangle \quad \checkmark \quad \hat{O} |\lambda_i\rangle = \lambda_i |\lambda_i\rangle$$

$$\hat{O} |\lambda_i\rangle = \lambda_i |\lambda_i\rangle$$

$$\hat{O}^2 |\lambda_i\rangle = \hat{O} \cdot \hat{O} |\lambda_i\rangle = \lambda_i \hat{O} |\lambda_i\rangle = \lambda_i^2 |\lambda_i\rangle$$

$$(\Delta O)^2 = \langle \lambda_i | \lambda_i^2 | \lambda_i \rangle - (\langle \lambda_i | \lambda_i | \lambda_i \rangle)^2 = \lambda_i^2 - \lambda_i^2 = 0$$

uncertainty in eigenstate is zero

$$\Delta p \Delta x \geq \frac{\hbar}{2} \quad \text{any quantum state}$$

$$\hat{a} = \hat{p} - \langle \psi | \hat{p} | \psi \rangle \mathbb{1}, \quad \hat{a}^\dagger = \hat{a}$$

$$\hat{\beta} = \hat{x} - \langle \psi | \hat{x} | \psi \rangle \mathbb{1}, \quad \hat{\beta}^\dagger = \hat{\beta}$$

$$|\phi\rangle = \hat{a} |\psi\rangle + i\lambda \hat{\beta} |\psi\rangle$$

$$\langle \phi | \phi \rangle \geq 0 \quad \text{positive definite norm in Hilbert space}$$

$$\langle \phi | \phi \rangle = (\langle \psi | \hat{a}^\dagger - i\lambda \langle \psi | \hat{\beta}^\dagger) (\hat{a} |\psi\rangle + i\lambda \hat{\beta} |\psi\rangle)$$

$$= (\langle \psi | \hat{a} - i\lambda \langle \psi | \hat{\beta}) (\hat{a} |\psi\rangle + i\lambda \hat{\beta} |\psi\rangle)$$

$$= \langle \psi | \hat{a} \hat{a} | \psi \rangle + \lambda^2 \langle \psi | \hat{\beta} \hat{\beta} | \psi \rangle + i\lambda \langle \psi | \hat{a} \hat{\beta} | \psi \rangle - i\lambda \langle \psi | \hat{\beta} \hat{a} | \psi \rangle$$

$$= \langle \psi | \hat{a}^2 | \psi \rangle + \lambda^2 \langle \psi | \hat{\beta}^2 | \psi \rangle + i\lambda \langle \psi | \hat{a}\hat{\beta} - \hat{\beta}\hat{a} | \psi \rangle$$

$$\hat{a}\hat{\beta} - \hat{\beta}\hat{a} = \hat{p}\hat{x} - \hat{x}\hat{p} = -i\hbar$$

$$= \langle \psi | \hat{a}^2 | \psi \rangle + \lambda^2 \langle \psi | \hat{\beta}^2 | \psi \rangle + \lambda\hbar \langle \psi | \psi \rangle$$

$$= \langle \psi | \hat{a}^2 | \psi \rangle + \lambda^2 \langle \psi | \hat{\beta}^2 | \psi \rangle + \lambda\hbar \geq 0$$

let's choose λ to minimize : $\lambda_{\min} = \frac{-\hbar}{2\langle \psi | \hat{\beta}^2 | \psi \rangle} \quad \frac{d}{d\lambda}$

$$= \langle \psi | \hat{a}^2 | \psi \rangle + \frac{\hbar^2}{4\langle \psi | \hat{\beta}^2 | \psi \rangle} \langle \psi | \hat{\beta}^2 | \psi \rangle - \frac{\hbar^2}{2\langle \psi | \hat{\beta}^2 | \psi \rangle}$$

$$= \langle \psi | \hat{a}^2 | \psi \rangle + \frac{\hbar^2}{4\langle \psi | \hat{\beta}^2 | \psi \rangle} - \frac{\hbar^2}{2\langle \psi | \hat{\beta}^2 | \psi \rangle} \geq 0$$

$$\langle \psi | \hat{a}^2 | \psi \rangle \geq \frac{\hbar^2}{2\langle \psi | \hat{\beta}^2 | \psi \rangle} - \frac{\hbar^2}{4\langle \psi | \hat{\beta}^2 | \psi \rangle}$$

$$\langle \psi | \hat{a}^2 | \psi \rangle \geq \frac{\hbar^2}{4\langle \psi | \hat{\beta}^2 | \psi \rangle}$$

$$\langle \psi | \hat{a}^2 | \psi \rangle \langle \psi | \hat{\beta}^2 | \psi \rangle \geq \frac{\hbar^2}{4}$$

$$(\Delta p)^2 (\Delta x)^2 \geq \frac{\hbar^2}{4}$$

$$\Delta p \Delta x \geq \hbar/2$$

$$(\Delta \hat{A})^2 (\Delta \hat{B})^2 \geq \left(\frac{i}{2} \langle \psi | [\hat{A}, \hat{B}] | \psi \rangle \right)^2$$

Fourier transform as it appears in QM as change of basis in a vector space

$$f(x) \in L^2(\mathbb{R})$$

$$\tilde{f}(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} f(x) e^{-ikx} dx$$

$$f(x) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \tilde{f}(k) e^{ikx} dk$$